



SEX & RELATIONSHIPS POLICY

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DEFINITION

Sex & Relationship Education (SRE) relates to the lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity.

The three main elements of SRE are:

- attitudes and values
- personal and social skills
- knowledge and understanding

Effective SRE can make a significant contribution to the development of the personal skills needed by pupils, if they are to establish and maintain relationships. It also enables young people to make responsible and informed decisions about their health and well-being.

POLICY STATEMENT

In order to comply with statutory requirements, Seadown School requires the teachers to:

- provide guidance and information on all aspects of SRE to staff, parents/carers.
- develop effective SRE as part of the National Curriculum (Science, PSHE/SEAL and Citizenship) involving staff, parents/carers and pupils in the process.
- monitor and evaluate their SRE.
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- provide information to parents/carers on their right to withdraw their child from SRE, when age-appropriate to do so.
- inform staff on how to deal with confidentiality (*including informing and supporting a child where confidentiality must be breached for their own safety*), raising safeguarding and child protection concerns (*in accordance with Seadown School's Safeguarding & Child Protection Policy*) and handling difficult questions with unbiased responses and in a professional manner.
- execute a sympathetic approach, considering the needs of individuals.

- comply with Seadown School's Equality & Diversity Policy by responding to the diversity of children's cultures, faiths and family backgrounds. Equal time and provision must be allocated for all groups.

AIMS & OBJECTIVES

Seadown School will endeavour to meet the following objectives:

Attitudes and Values

- learning the importance of values and individual conscience and moral considerations.
- learning the value of family life, and stable and loving relationships for the nurture of children.
- learning the value of respect, love and care.
- exploring, considering and understanding moral dilemmas.
- developing critical thinking as part of decision-making.

Personal and Social Skills

- learning to manage emotions and relationships confidently and sensitively.
- developing self-respect and empathy for others.
- learning to make choices based on an understanding of difference and with an absence of prejudice.
- developing an appreciation of the consequences of choices made.
- managing conflict.
- learning how to recognise and avoid exploitation and abuse.

Knowledge and Understanding

- learning and understanding physical development.

- understanding human sexuality, reproduction, sexual health, emotions and relationships (at age appropriate levels).
- learning about contraception and the range of local and national sexual health advice (where appropriate).
- contraception and support services.
- learning the reasons for delaying sexual activity, and the benefits to be gained from such delay.
- the avoidance of unplanned pregnancy.

Assessment and Evaluation

Seadown School will ensure that the elements of SRE are taught at **age-appropriate** levels.

Lessons will be formally assessed. Teachers delivering SRE should constantly evaluate their lessons to inform future planning.